

Strongsville Soccer Organization - 8th Annual 2017 Player Development Academy



Friday 8/11:

Time	Event	Location
SESSION I		
C 4:30 - 5:00pm	Player arrival-group by team {field house}	field 5
5:00 - 5:10pm	Welcome and Introduction <i>Director MUTH</i>	field 5
5:15 - 6:00pm	Technical warm-ups (with HS girls/boys) "FELTON ON FIRE" skill acceleration	Field 6
6:05-6:15pm	Group break / assemble and move to fields	tent / rest area
C 6:15 - 7:30pm	Tactical Age Group Training Session 8s, 9s, 10s see list 11s, 12s see list 13s, 14s see list	
7:30 - 7:40pm	Group break (eat a snack/hydration)	FH / field 7
7:40 - 9:00pm	2017 Festival of Finishing <i>Coach Muth-all</i>	field 7
	Players released...	

Saturday 8/12:

Time	Event	Location
SESSION II		
9:45 - 10:00am	Player arrival-assemble by team	field 3/4
10:00 - 10:15am	Group warm up	field 3/4
10:15 - 11:30am	Technical Skill Development Session <i>Coach CHURCH - ALL</i>	field 3/4
10:15 - 11:30am	Goalkeeper training <i>Heyniger / HS GK staff</i>	field 1
11:30 - 11:40am	Group break {snack / hydrate}	tent / rest area
C 11:45 - 12:55pm	Tactical Age Group Training Session 8s, 9s, 10s see list 11s, 12s see list 13s, 14s see list	
12:50 - 1:00pm	Academy Lunch {grill & chill} <i>Watch the HS Friendlies with your team</i>	Fieldhouse
1:00 - 2:00pm	<i>High School Soccer Friendlies</i>	<i>Girls HS</i> Field TBD
	<u>Players released for afternoon</u>	
SESSION III		
6:00-6:15pm	Mentor warm up	field 10/11
6:15 - 7:15pm	Technical Development Session <i>COACH CHURCH - ALL</i>	field 10/11
6:15 - 7:15pm	Goalkeeper training <i>Heyniger/GK staff</i>	PP training space
7:15-7:30	Group break (eat a snack/hydrate)	tent / rest area
C 7:30 - 8:45pm	3v3 Team play / small sided games	field 5/6/7 ALL
C 8:45 - 9:00pm	Ice Cream and closing MIP Awards	FH PDA Staff

Sunday 8/13:

Time	Event	Location
C T B D	travel friendlies [games by teams]	Foltz Complex